

## DYNAMISM

Dynamis is the life energy that every Being creates and exudes. We all have our own special energy and we leave our personal mark on the things we create or touch. Dynamis is the life energy that is emanated by Beings, and which animates and gives life to our bodies and puts our peculiar stamp on all of our creations.

Dynamism is a philosophy based on the study of Dynamis (also known as Chi and Ki). The study of Dynamis includes its properties, its creation and potentials. It also includes methods of healing through the life force and its relationship to the whole person. Dynamism is based on the idea that we are all Spiritual Beings who are connected to a human body, but our essence is not that form.

Dynamism teaches that since we are here now, in the condition we are in, we should master whatever condition we are in, learn to live in harmony with the universe, and handle our cases. Our case is what causes us to create disharmony, and this disharmony adds to the solidity of the universe and allows our cases to degrade us further.

“Case” is the bringing of old emotional baggage, misunderstandings, wrong indications, rationalizations, and justifications into the present moment, and superimposing them on the present. Case is the entire collection of falsehoods that decay Dynamis and prevent the Being from having full clarity. All case is a collection of untruths since the Being can only be pure, perfect and whole. Unpleasant experiences can alter a person’s purity, tainting their Dynamis. The accumulation of these unpleasant experiences accompanied by the decisions, conclusions, resolutions, emotions and creations which they bring about, is ultimately what comprises the case.

When something in the present is perceived to have some similarity or potential similarity to an unpleasant experience in the past, a gateway opens to that unpleasant experience, and all the emotions and ideas it contains gush into the present where they influence the present circumstances. This influence is not seen. So when a person is acting with more emotion and reaction than the circumstances appear to warrant, an incident from the past is most likely being added to the present. What typically happens is the individual is vaguely aware that he or she is acting irrationally, but still feels driven to continue acting out, i.e., treating those around him or her as though they were the person who hurt them in the past. In other words, the individual is re-experiencing a similar event from the past simultaneously with the present time event, thus causing an over-reaction.

We use our intellects to reason why our idiosyncrasies are justifiable, why we are right to be jealous, mean, or to dislike an innocent soul on sight. This reasoning strengthens our cases, and we believe doing this will protect us from all evils and make us “right”. Nothing could be farther from the truth. When a Being is ignorant of his true nature, he is not aware he is creating effects on the universe and giving the world power over himself. As he awakens to his true self, he becomes more and more cognizant of what he has been doing and creating with his thoughts.

Dynamis Clearing is a set of techniques used by a Clearing Practitioner to handle case and move the Being to personal sovereignty. The true self, the immortal being, is senior to his case and this is why clearing can work at all. The practitioner and viewer (the person receiving Dynamis Clearing) work together to clear the case – working as a team.

All the evil we have experienced, perpetrated or witnessed is in our cases. All the good is within our being. If you are unhappy, angry or have other unwanted emotions, it is part of your case. Blame, regret, self deprecation, all these are case manifestations resulting from some unrelieved, unresolved thought imprinted within our case and held there because we believe it is survival to do so.

As each old psychic impression is found and cleared, the Being's perception of the present becomes much clearer, enabling that Being to live a much richer, fuller and happier life.

## PSYCHIC WOUNDS

Dynamis (aka Chi and Ki) is that dynamic life energy which every living being emanates. We use it to give life to our bodies and to our creations. It flows out from us into the world of motion, where it mingles and combines with the energy that already exists in the environment and with the energy that other beings emanate.

Everything this energy contacts is altered in some way. Subtly or drastically, it leaves an impression on the world of motion. While this impression is usually subtle, at times of great emotion or stress it can be quite deep. When events occur which involve many people sharing intense emotion, years later those people who have a sensitivity to it can still feel the emotion from the very walls or rocks where the original event happened. It lingers within the atmosphere of the location. Places like the Tower of London or the Alamo have such deep impressions left within them that even people who do not normally have this type of perception are often deeply moved. This is a rudimentary form of psychometry; the ability to read objects and sense what happened to the people who used them. We all seem to have this ability to some degree.

At times of great emotional intensity the Being engraves the anguish and the protest that he feels upon his soul. Afterwards, this anguish and protest leaks out into the universe embedded in the Dynamis he emanates during the normal flow of living.

Certain incidents wound a person more deeply than others. These are those incidents that, while accompanied with tremendous emotional pain, hit us so directly as Beings that they scar our souls. Personal betrayals by a friend or lover, unexpected attacks from a trusted source, cruelty and violence that shatter our confidence in our own capacity to direct the course of our own existences, are among the types of incident that can damage us this directly.

If the Being receives a soul wound, which is to say he is damaged in his central or core beliefs by betrayal, abandonment or other abuse, the intensity is so great and his despair so deep that it changes his approach to life. Even if he tucks the memory away and forms a scar over it, refusing to dwell upon the painful memory, the changes in his attitude distort his behavior and thinking. The pain, though apparently forgotten, is engraved on his Dynamis and continues to affect not only his behavior but the behavior of those around him, who react to the impure Dynamis in various ways. Eventually the

universe mirrors it. The impurity in the Dynamis as it continually flows has made an impression. It can manifest as a sickness or as a pattern of similar events.

Every Being creates his universe and, via Dynamis, imposes it upon the physical universe where it is mirrored back at him. This is his reality. People and even objects respond to him in a manner consistent with his creation. This gives a sense of security; all is well with the world, or at least comfortably consistent with his creation. The physical universe and the people around him are influenced by his emanation of Dynamis in a manner that is predictable and consistent with his core beliefs regarding himself and his creations. He feels whole and sovereign to the degree that this is occurring.

A psychic wounding can only occur when something happens which is inconsistent with his creations. It is the result of something that shakes the Being to his very core and rocks his foundation of belief in himself, as well as in that which he is creating. Usually only someone who has been granted the right to co-create a universe is capable of dealing such a blow to the Being, however, drastic events like war, which cause a Being to lose faith in humanity or God, can also be likely to scar the soul. Acts he commits that shatter his ideas of Self, or witnessing cruelty can also have a scarring effect.

When this happens the person feels his creations have gone wrong. He was, for example, creating his wife as a wonderful example of love and loyalty, mirroring his own love and loyalty. Then she runs off with his best friend and takes the kids. His first reaction is shock, then emotion and betrayal. Next he starts searching for where he went wrong. He assumes he did something wrong, for after all, it is his world that just shattered. His confidence in his ability to create himself as the beloved husband is devastated. So his identity is also crushed. This leaves a scar on his soul that warps his creations thereafter. Since creation is native to a Being, he cannot not create, but within all subsequent creations is the scar. The universe around him continues to be influenced by his Dynamis but the Dynamis is no longer pure, containing as it does the damage that the wound made. The universe begins to mirror the agony of the soul, and things go wrong. He wonders exactly what he is creating. Sometimes he assumes he is not creating. Since this is not something he would normally create, he thinks someone or something else is creating it. The wound has started a downward path of decay.

Often the Being pulls himself up by the psychic bootstraps and goes on with life, shoving his anguish in a dark corner of his inner world, erecting a closet and slamming the door firmly, never to look at it again. Because it is tucked away in a mental mausoleum, dead

and buried, he feels it can do him no further damage. This is untrue. The scarring remains indelibly within his Dynamis and continues to influence all that he contacts with its internal pain.

Psychic wounds scar over but they never really heal without special Clearing. Once they are located they are just as painful to face and as raw and bleeding as they were on the day they happened. They are turning points in the Being's existence, sometimes changing his entire personality.

When the scarring is severe, it may mirror the original wounding in the universe to such a degree that the original broken heart becomes a heart condition, or the agony manifests in the body by becoming pains that eventually turn into an actual illness or physical condition. Thus an incident the person considered a slap in the face may become a chronic sinusitis or toothache. While the origin of these sicknesses is psychosomatic, they rapidly become actual physical malfunctions. Often as fast as one sickness is medically treated, another appears. Handling the psychic wound allows medical treatment to be more effective.

As time goes by the Being declines faster. In his efforts to solve the problem, whose genesis is by now thoroughly forgotten, he commits many acts of desperation. The more downhill he slides, the more effort he uses in an attempt at putting a halt to the creation he by now detests. As it is not what he intends to create, he feels this is not his creation and he begins to look for the source of it. Usually he looks in the physical universe for solutions; sometimes he ransacks his memory trying to find the answer to the puzzle he is actually creating.

These wounds are probably the most severe pain a Being can endure, resulting in long standing problems that do not resolve easily. They are deeper and have more lasting consequences than losses or physical trauma because they hit the Being so directly that he is weakened in his ability and willingness to create life.

Most Beings have such scars, which are surrounded with wrong indications, false data, and rejection. Healing these scars must therefore be of major concern to the Clearing Practitioner. This is in itself a tricky proposition because the Being, after he tucked them safely away where he cannot retrieve them easily, has piled so much else on top of these incidents they are thoroughly buried.

The trail one follows is the downtrend, when did it begin? What happened before that which changed the person's ideas and approach to life? In this event will be found the wound that never healed. When contacted, it will be found to be just as raw and sensitive as the day it happened. The spirit of the individual was broken by it. Such statements as, "This was the one thing I couldn't deal with", "I was stunned", "It was a bolt from the blue", "I did not see it coming", "I was devastated", and "I couldn't believe it" are usual.

The unexpected aspect of the event is a big part of the wound. It is a shock. An unbelievable and sudden blow that invalidated the Being's most cherished beliefs so badly he thereafter changed his beliefs in an attempt to *never experience a repetition of anything similar*.

Because the person is under great stress at times like these, he isn't thinking very clearly and he tends to change his beliefs to those at the opposite end of the spectrum. For example, he used to think he was invincible; now he thinks he is vulnerable. It flips him, strong becomes weak. Right becomes wrong. What once was true now seems false. The core beliefs of his universe reverse. This is enormously destructive of his future existence, as well as of his personality. Later you may hear the Being asserting his earlier beliefs but this sounds forced and he cannot get rid of the nagging doubt that they still work for him. It is all a "used to be".

The change was meant to make life more predictable, to handle the future so he would not be caught unawares again. It is unworkable because it is made under duress and contains the anguish of having been wrong within it. When the Being tries to return to his earlier beliefs, they are overlaid by the new set that are cast in stone by the anguish and emotion he felt at the time.

## Various Definitions and Information

**Basic Nature:** 1) The spiritual essence of a human being. 2) The inner self, the being before soul wounds and decayed Dynamis warped his attitude.

**Clearing:** Psychic wound and psychic impression handling and other procedures that clear away the barriers to increasing a person's spiritual awareness.

**Core Belief:** Those beliefs that are central to the Being's view of existence.

**Correct Indication:** When something is said to someone that points out something that is true, and is also within the scope of understanding of the individual to whom it is given.

**Dynamis:** The life energy created by the Being.

**Incorrect Indication:** When something is said, or implied, to someone that is not true, or is only partially true, or is true sometimes but said as though it is always so. In other words, it is a statement or implication inappropriate to the individual who is being given the indication, causing him to defend himself or protest, to feel hurt or misjudged.

**Justification:** An excuse or reason designed to explain away our follies and foibles particularly when they are harmful. The art of making something that is not okay, seem okay.

**Personal Sovereignty:** 1) The ability to stand on our own two feet, examine the influences of those involved in any particular scene, and taking those influences into account, make our own judgments and decisions. 2) The state of being which occurs when a person is at the center of his sphere of existence, creating his own life, operating from his own Basic Nature.

**Sovereignty is composed of:**

1. Personal power
2. Assigning the correct responsibility
3. Taking the correct responsibility
4. Maintaining one's integrity
5. Refraining from offstage drama

**The enemies of Sovereignty are:**

1. Self-negation
2. Trivializing one's abilities
3. Ignoring intuitive knowledge
4. Being silent in the face of unethical behavior
5. Doubt in one's own ability or value
6. Introversion
7. Allowing yourself to spend a lot of time with those who disempower you.

**Psychic Impression:** A Being's impression of an event when his Dynamis is interrupted by collisions with the world of motion. The Dynamis forms a record that contains not only the collision itself, but his thoughts, emotions and imagery at the time. It also leaves an impression of his impression in the universe at the place where he collided with it.

**Psychic Wounds:** Injury to the core beliefs and principles of the individual. Also called Soul Wounds.

**Righteous Computations:** Fixed beliefs which a Being formulates during a Psychic Wound. They are designed to prevent future Psychic Wounds but actually attract them.

**Soul Scars:** Scars over old psychic wounds that keep them locked away. Also called Psychic Scars.

**Viewer:** A person receiving Dynamis Clearing. Someone who is looking, soul-searching, contemplating or meditating. A seeker of Truth.

**Integrity**

Integrity means being fully aligned - your self-perceptions, your actions, your words, your beliefs, all of it. Where you do what you say you're doing.

Integrity is your set of personal rules springing from a sense of who and what you are. It is wholeness of spirit.

If we feel the need to justify, we know or believe, deep down, that we are in the wrong.

One can never achieve true personal sovereignty and maintain it without living in a state of integrity.

## Scale of Soul Conditions

<b>Sovereign Being</b>	Soul scars removed. Restored to own basic nature.
<b>Cheery Soul</b>	Minor scars. Great fun. Optimistic and outgoing.
<b>Normal</b>	Some soul scarring. Rather unstable. Has trouble operating from true nature.
<b>Hard Shelled Soul</b>	The shell is composed of scars. Cold and unsympathetic. Untouchable, arrogant and contemptuous.
<b>Wounded Bird (Aggressive)</b>	Severely scarred. Soured, pessimistic and defensive. Far from basic nature.
<b>Wounded Bird (Secretive)</b>	Very badly damaged. Present a sweet façade. Cannot be trusted and does not trust.
<b>Hyper Sensitive-Soul</b>	Plenty of scars. Scars easily. Very unstable. Rarely operates from true nature.
<b>Lost Soul</b>	So badly injured that he can no longer feel anything. No clue as to who he truly is.
<b>Mutilated Soul</b>	Scarred beyond recognition. Active agent of evil. Violent and deadly.

# **Wounded Birds**

See document: WoundedBirds.docx

## **Hyper-Sensitive Souls**

Hyper-Sensitive souls are easily influenced by whatever is in their presence. They mirror the emotions and often mistake their hyper-sensitivity for empathy. It is not true empathy but rather a compulsive and automatic response which causes them to seek a harmonious vibration with whomever is around them. Like a leaf at sea, they are moved without their willing it by every wave that comes along.

Often Hyper-sensitive Souls are drawn to Aggressive Wounded Birds, because they appear to be strong and powerful. This allows the Wounded Birds to un-stabilize the hyper-sensitive person further by giving them soul wounds or by otherwise manipulating them.

## **Normals**

Most people fall in this category, they have some soul scarring and are somewhat unstable. When they get involved with Wounded Birds, they really un-stabilize and then have trouble functioning. Life doesn't run as smoothly.

In the presence of a Cheery Soul they are cheerful, when with a Wounded Bird, they are irritable or feel under pressure. A Normal is well intended, has a general, if weak, goodwill towards others and expects that they all feel just like he does. It can come as quite a shock for him to discover that there really is evil abroad in the world and when he does accidentally observe some he usually goes into denial and makes excuses for the perpetrator.

It is a natural law of affinity that we seek points of agreement with our associates. When one of our associates is an abusive personality, then we gradually slide into their mindset in order to relate to them.

# Wounded Birds

It is highly recommended that the reader read the Dynamism pdf, the Psychic Wounds pdf, and the Various Definitions and Information pdf before reading this document.

## Introduction

Psychic wounds and soul scars occur when the basic beliefs of the person are shattered by events that convince her that her beliefs are wrong. Abandoned by a husband when she least expected it, for example, makes it impossible to continue to think of herself as such a desirable wife that no-one would dream of leaving her. When the belief is central enough to a person's existence that he identifies with it, he will think that he is wrong. This shakes his foundation and weakens his certainty. He feels he can no longer predict. His viewpoint on life has to shift. His approach to life worsens, the beliefs he had which came from his basic nature and were aligned with his natural personality have now changed to beliefs that are not in harmony with his true essence.

He is being and acting in ways which do not flow naturally from the truth which he IS. As a result he likes himself less and less. He is less and less likable. He is not being what he admires.

After collecting enough of these battle-scars, a Being becomes distorted, his personality warped. Each scar adds to the distortion and he becomes nastier, more capable of cruelty and colder, less sympathetic. He feels he must fight the danger that he believes other represent. He must out-smart or hit them before they hit him. He commits acts of cruelty which scar others, these also scar him for they violate his principles in a very deep fashion. Eventually, unless this pattern is uncovered and dealt with, he becomes numb to the feelings of others (and his own feelings) and can do hideous crimes against others with apparent dispassion.

This spiritual numbness is illusory. Every act which hurts another simply adds to his armor plating and his psychic burden of self hatred. He is a Wounded Bird and he pecks.

## Psychic Bombardment

Individuals that are in the Soul State that Dynamism dubs "Wounded Birds" come in secretive and overt varieties. Wounded Birds are those who have collected so many wounds and soul scars to the point where they are fighting back either openly or secretly. Everyone is seen by them as potentially dangerous and threatening, especially those who seem strong and very alive.

Both varieties employ a type of psychic warfare which is designed to get other people fighting each other. Their techniques are a little different, but the result is identical. Wounded birds are particularly concerned about doing this to Sovereign Beings who they regard as very dangerous. They want to take them down a few pegs and knock them off their point of sovereignty. So it is peculiarly important for a Being who has achieved a state of Sovereignty to be aware of this likelihood and to be alert for its appearance.

When you have a disagreement that will not resolve, especially with a person with whom you normally are friendly or feel love towards, then it is wise to suspect there has been some external influence or interference at work.

We are all familiar with the smiling face presented to us which hides the barrage of lies told about one behind one's back: the enemy who will not come out and state their position. This creator of little wedges between people is similar but subtler.

## **Techniques Used by Secretive Wounded Birds**

The Secretive Wounded Bird lives in fear. He or she has been badly abused, causing him to be badly scarred psychically. These people deal in many manipulative tactics, and do not come out and admit they want something, preferring to try to get someone else to intervene for them. If they are upset or angry with you, they will not say so directly, but will start a campaign of slander that eventually gets back to you via someone else, who usually come to you convinced already that you are a hardhearted villain who needs to be somehow chastised and brought into line. This makes you feel most peculiar. You wonder to whom this person is talking.

Out of your sight, the wounded bird has painted a picture of you which latches onto any upset other people have ever had with you. This forms a psychic impression of you which is not only inaccurate, but is an exaggeration of any flaws you may have ever displayed. When the people who have been influenced in this manner speak with you thereafter, all communication filters through this impression, making it impossible to really resolve disagreements or correct any incorrect ideas these people may have about you. Even when the conflict seems to resolve, it keeps reappearing, because the psychic impression was not dissolved and the person who created it was not spotted.

The wounded bird perceives everyone through a glass darkly; all their flaws are magnified and they appear very threatening and dangerous. A Sovereign Being appears so potentially dangerous to him, that he is compelled to hide: not usually physically; it is more of a spiritual hiding of his essence or true intentions. This forms a psychic impression of you (King Kong or monster of some variety) that the bird superimposes on you. Because the secretive wounded bird is privately very worried about whether the reality he sees is true or false, he seeks agreement for the picture of you he created. The idea is that if someone else sees it too the bird is vindicated and can be right. Deep down inside the bird senses that some old incident, where he was fighting for his very life, is superimposing on the present environment. All problems and upsets the wounded bird has are magnified and made into major productions. Your problems are of little importance to them for they ARE still fighting the old battle for survival and you are seen as one of the dramatis personae in that battle.

When the secretive wounded bird is a high Dynamis producer, they can make other see their psychic impressions and an illusory reality is created which becomes quite deadly at times, ruining relationships, causing hostilities and inciting battles to commence. The secretive bird often stirs up trouble and then rushes in to save the day. The effort is to be seen as the Knight in Shining Armor, the Hero or Heroine of the day. The fact that the secretive bird created the conflict in the first place is hidden from view. Naturally the secretive bird has LOTS of secrets. Their favorite statement is, "Don't tell so and so".

The secretive bird lives in fear of discovery, not just by others but also by self. When discovered in some nasty little machination or ploy, the bird does not admit fault, unless so doing will be to some advantage or make him appear to be standing on the high moral ground. One can often hear him say how ethical and good he is. This is self deception and it sounds very convincing. It has to. When discovered or on the brink of discovery, the secretive bird will usually fly into high justification gear, putting a spin on the event that is so convoluted and confusing that you cannot really hang onto the shreds of reality that you saw.

Around the secretive wounded bird you see people fighting with each other, often not even fighting their own battles, but going to bat for the poor wounded bird that has been treated SO badly.

A secretive wounded bird influencing your environment can shake your integrity. After several people have come to you, each stating how you are such a jerk, you begin to introvert, ransacking your memories and searching your very soul to see how these people could get such a false impression of you. Now you are even beginning to be at odds with yourself. Your personal state of integrity is shaken, and you start to doubt your own motives.

When a whole group is convinced that you are some kind of psychic monster, the illusion becomes very strong. You cannot dissolve it by just spotting the original creator, for each person who saw the original psychic impression has begun creating one of his own, a slightly altered copy of the original. It is therefore necessary to have each individual cease creating the false image, or it will keep sprouting up when you least expect it, causing you trouble.

## **Techniques Used by Overt Wounded Birds**

The Overt Wounded Bird is much less subtle. While the secretive bird attempts to rally everyone around his cause to fight his battles for him, the overt bird will fight you directly. You are amazed at how this person will fault your every move, argue your every point and challenge the very foundations of your existence. Since the overt bird is inclined to fight anyway, the secretive bird often uses him as his attack dog. It is easy for the secretive bird to get him to see his illusions, for the overt bird is also still fighting old battles that he thinks are still ongoing.

The overt bird believes in evil very strongly and mistakenly believes any powerful being personifies it. This makes him easy to manipulate, but only in destructive pathways. True communication is impossible so long as he sees you through his psychic veil. He will harangue you at length on your choice of friends, employees, partners and associates, asserting loudly that you don't see the evil intentions this one and that one has. When someone makes a mistake, he will use it, vehemently insisting this proves he was right all along and the person is inherently evil, asserting that you should have listened to his dire warnings.

The overt wounded bird attacks so openly, but he almost never attacks correct targets. He laughs at others' misfortunes and sneers about how they had it coming. His world is full of enemies and he will try and convince you that yours is too.

## **Spotting and Removing the Psychic Impressions**

This has to be done in careful sequence:

1. You must admit that a bird has influenced you or that those around you have been subverted.
2. You must uncover who the bird or birds are in your area and determine whether they are secretive or overt.
3. You must examine what the impressions placed on you are and who has gone into agreement with them.
4. At this point, you can interview each of the people you believe have been affected and ask a few pointed questions.

**If you have any or most of the following symptoms, then you know you have one or more wounded birds in your environment:**

1. There are conflicts that keep cropping up and never fully resolve, even after heroic efforts.
2. Chaos keeps encroaching on your space.
3. You try your best to maintain a calm productive environment but keep getting embroiled in other people's problems and conflicts.
4. Gossip and rumors abound.
5. People don't look as nice to you as they used to.
6. You have unkind thoughts about those you love.
7. You have unkind thoughts about yourself more frequently.

## **Spotting the Secretive Wounded Bird**

Once you start looking, you can spot the secretive wounded bird by the following clues:

1. Gossip and rumormonger
2. Loves to tell you something mean, nasty or shameful and then asks you not to mention it to the person in question.
3. Talks about you behind your back and gets others to talk to you about how shamefully you treat them.
4. Complains constantly but will not do anything to handle the problems.
5. Gives you problems to handle.
6. Is often a hypochondriac.
7. Frequently starts on a course of action, treatment, or other beneficial action, then declares it useless and leaves.
8. Wants to give you things but always has a string attached.
9. Talks to you about others behind their backs and wants you to talk to them about how shamefully they treat the bird, or discipline them in some way.
10. Tells lots of Little White Lies and acts as if this is normal.
11. Often gives false reports designed to get high producers in trouble.
12. Wants to eat up time and attention constantly; has no regard for the value of others time.

13. If in clearing or therapy, he will try to get free services by phone calls at all hours of the day or night.
14. Is overly concerned about the health of those around him, and will work at getting their attention on their bodies. ("You look pale; are you feeling bad?")
15. Lards his conversation with Righteous Computations.
16. Asserts his rightness, nobility, martyrdom and helpfulness at every opportunity.
17. Anything done to him is seen as unforgivable, cannot be fixed and no amount of apologizing can prevent it from being served up later.
18. Does not make stable improvements; does not change or make gains in clearing.
19. Believes everyone has hidden motives and is always speculating on what they are.
20. Snoops.

Having discovered a secretive wounded bird in one's vicinity, it is necessary to examine the illusions the bird has created and remove the illusion from oneself. Then remove the illusion from others. Examine the vision or picture or impression this person has given you of yourself. Examine the vision placed on self made of your own energy, then the bird's energy, dissipate the energies by viewing them clearly or by returning them to their instant of creation.

### **Spotting the Overt Wounded Bird**

This one is easier to spot:

1. Is aggressive
2. Advocates drastic solutions to any problem
3. Loudly criticizes others
4. Argues
5. Sees only the flaws in others and is often bitingly sarcastic
6. Is a bully to those he perceives as weak; sucks up to those seen as powerful
7. Makes a virtue out of blunt speaking, even when hurtful or unkind
8. Sneers at sentiment and charity. Regards them as merely ways of "getting over"

### **Removing the Psychic Impressions**

Clear up the impressions left by a secretive wounded bird in other people's universes by asking:

1. Do you have the impression that I am \_\_\_\_\_? (Arrogant, selfish, mean, egotistical, etc.)
2. How did you get that idea?
3. What impressions/ideas of me did \_\_\_\_\_ give you?
4. Did that latch onto any ideas or impressions you had already formed of me?
5. How do I seem to you now?

This can be tricky because often the weed has had sprouts: one person passing on the false picture to yet another person and the original bird is not seen. Fish around until you find it.

Even when one has had the secretive wounded bird spotted for some time these psychic impressions linger, unseen and unsuspected, because one has mistakenly believed that just spotting the bird is enough to inoculate one against it. This can cause you much heartache and chaos. The nasty little half truths and outright lies, along with the energy from which they are made, remain alive in the universe until fully examined.

With the overt bird you do the same thing but it is much easier to untangle your own energy from his.

It can also happen that you fell under the influence of a bird or treated some of your associates unkindly; in this case mend the chalice as soon as possible.

The intent of wounded birds is to get those around them to break the chalice with each other (perceive evil in each other). This weakens their associates and makes them fall off their sovereignty perches. The wounded bird can then flourish. They think! They are particularly consumed with knocking sovereign beings down a peg or two, so it is best to give this article some careful consideration if you have noticed any of the odd phenomena described above.

The Sovereign Being tends to try and take responsibility for the effects of the wounded bird. This is a natural enough error because the Sovereign Being IS ultimately responsible but not the *active cause* of whatever upset the bird created. In taking oneself to task for the effects another has created, one introverts and Bingo! There goes one's sovereignty. It is an odd form of incorrect indication: assigning the wrong source for something.

Your responsibility in the matter is to spot and isolate the wounded birds so that they can not contaminate your friends, business or group.

Treating someone with kindness and dignity works on most people, but the wounded bird sees it as a weakness to be exploited and does not respond to it favorably. He or she may lie about it however, and suck up to you with lavish praise and thanks.

The Sovereign Being may be especially confused by the wounded bird, because he or she sees the purity of the being and all the wonderful potential and possibilities, but often fails to see what the damaged soul is presently creating.

No, it is not that you are naïve, a sucker or a Pollyanna. You simply are seeing behind the curtain of lies. Natively, all beings are perfect. However, wounded birds have made bitter choices and surrounded themselves with screens and veils to the point where they can no longer find themselves.